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Supported Internship Programme Information for Parents & Carers





Supported Internship Programme

At Northampton College, we understand that the transition from education to employment can be a big step - especially for young people with additional needs. That's why our Supported Internship Programme is designed to provide the structure, support and real-world experience they need to succeed.

What is a Supported Internship?

A Supported Internship is a work-based study programme for young people aged 16 - 24 who have an Education, Health and Care Plan (EHCP). It combines real work placements with ongoing support and a personalised study programme delivered at college.

Your young person will:

- Spend three to four days a week in a local workplace
- Attend college one day a week for English, maths and employability skills
- Receive one-to-one support from a dedicated member of our team
- Build confidence, independence and job-readiness.

Why it works

We don't just drop students into a job - we walk with them every step of the way. Our team works closely with employers to ensure placements are suitable, inclusive and meaningful. The goal is to help your young person gain skills, grow in confidence and progress into paid employment where possible.

Who is it for?

- Young people aged 16 - 24
 - With an active EHCP
 - Who are motivated to gain work experience and build independence
 - And who need a little extra support to get there.
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Benefits for your young person

- Hands-on work experience in a real role
 - Chance of moving into paid employment
 - Support to develop life and work skills
 - Boosted self-esteem, confidence and motivation
 - A supportive, structured environment to explore the world of work.
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How can you support

We'll work closely with you throughout the process, keeping you informed and involved. Whether it's helping your young person prepare for their placement, encouraging them to stick with it, or celebrating their progress - we're a team.

Want to know more?

We'd love to talk to you about how the Supported Internship Programme could help your young person.

Please contact your young person's teacher
or our Enrolment Centre:

Call 0300 123 2344

enquiries@northamptoncollege.ac.uk

